

Curriculum vitae

Dr. M.R. Ahamed Nihaj
Registrar in Orthopaedic surgery

Personal Details



Full name: Mohamed Rasheed Ahamed Nihaj

Name with initial: Dr.M.R.A. Nihaj

Address: 31/27, Fernando place, Grandpass, Colombo-14

Gender: Male Nationality: Srilankan

NIC No: 862430913V Civil Status: Married

Date of birth: 30/08/1986

Phone No: mobile : 0094766466060

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University: University of Colombo

Past positions:

- Intern medical officer, Teaching Hospital, Batticaloa
- Medical officer- oncosurgery at Teaching Hospital, Batticaloa.
- Registrar in Surgery Professorial Surgical unit, Colombo South Teaching Hospital

Current position: Registrar in Orthopaedic surgery in National Hospital of Sri Lanka since 01st October 2016

Leadership & Positions held

- Senior prefect at Kattankudy Central College 2004/2005
- Captain school cricket team at Kattankudy central college
- Editor, Muslim Majlis, University of Colombo- 2007/2008
- Committee member, Muslim Majlis, University of Colombo -2008/2009
- Member of Leo club, university of Colombo.

Social, Aesthetic and cultural activities

- Member of the voluntary medical team of university of Colombo (UOC) for the IDPs in Vavuniya, from 5th to 8th may, 2009
- Participated in various health camps organized by Faculty of Medicine, University of Colombo
- Founding secretary for NGO called “ Care for Needy” which is working on education for underprivileged children

Continuing academic developments

- Completed the cardiopulmonary resuscitation course on 27th-28th September 2012, conducted by The College of Anesthesiologists of Sri Lanka
- Attended the Ceylon college of physicians joint clinical meeting with the Batticaloa Medical Association, 4th-5th October 2013
- Followed a certificate course in palliative care for doctors, July 2014 at Teaching hospital, Batticaloa; organized by Institute of Palliative medicine

- Attended the basic surgical skills training workshop, held on 16th,17th & 18th of September 2015, organized by department of surgery, Faculty of Medicine, Peradeniya
- Completed the National Trauma management course, organized by international association for trauma surgery and intensive care on 21st & 22nd September 2015
- Attended the symposium on urological trauma and hands on skills course on the management of ureteric injuries on 6th November 2015
- Completed the basic laparoscopic skills workshop, organized by the college of surgeons of Sri Lanka and Aesculap academy on 10th & 11th December 2015
- Attended the joint clinical sessions of the international hepatopancreatico biliary association and Sri Lanka Hepato-pancreato biliary association on 11th-13th December 2015
- Attended Interactive Workshop on medical research, 21 & 22nd July 2016, Organized by Sri Lanka Medical Association
- Participated as a delegate in 45th annual academic sessions of The college of surgeons of Sri Lanka and Joint meeting with The Royal college of surgeons of Edinburgh in 2016
- Participated AOTrauma course- Basic principles of fracture management, 19-21 August 2016
- Participated as a delegate in 8th annual academic sessions of Sri Lanka Orthopaedic association on 2016
- Participated at Galle Hand Trauma course on 11th January 2017
- Participated at the workshop “ Soft tissue management in trauma” organized by the Association of plastic surgeons of Sri Lanka, 27th May 2017
- Participated in the Hand surgery workshop, organized by the association of plastic surgeons of Sri Lanka, 4th June 2017
- Attended the medical photography workshop conducted by the institute of multimedia education on the 22nd June 2017 at Colombo South Teaching Hospital
- Participated at the Hip and Knee arthroplasty masterclass on 7th & 8th July 2017 organized by Zimmer Biomet and the Sri Lanka Orthopaedic association
- Participated as a delegate in 46th annual academic sessions of The college of surgeons of Sri Lanka and Joint meeting with The Royal college of surgeons of Edinburgh in 2017

- Participated as a delegate in 9th annual academic sessions of Sri Lanka Orthopaedic association on 2017
- Participated as a delegate IFICS express Sri Lanka 2017 at Lady Ridgeway Hospital, organized by The Sri Lanka orthopaedic association and Saraswati Foundation of India
- Attended 2nd APSS Colombo operative spine course as a delegate on November 2017 at National Hospital of Sri Lanka
- Attended as a delegate 'External fixation and deformity correction' course organized by Sri Lanka Orthopaedic association, October 2017
- Participated in 24th Cooperative poly trauma course in Cape Town on 29th November 2017
- Participated as a delegate for the 38th SICOT world orthopaedic congress on 30th November to 2nd December 2017 in Cape Town
- Attended the symposium on initial management of open fractures, organized by Sri Lanka Orthopaedic association on 31st January 2018
- Attended the arthroscopic shoulder workshop on 15th February 2018, organized by the Sri Lanka orthopaedic association
- Participated as a delegate in Advanced Ponsetti Method workshop, organized by Ponsetti international, 22nd-24th February 2018
- Participated as a delegate in AO-Alliance symposium- neglected paediatric fractures, 16th March 2018
- Attended the CME and Bioskill training on Total knee replacement on 12th May 2018, Organized by Centre for academic and practical excellence, Kerala Orthopaedic association
- Attended 39th SICOT world orthopaedic congress, Montreal, Canada on 10th-13th October 2018 as a delegate
- Attended hands on training in Knee athroscopic surgery, organized by SICOT on 11th October 2018 during 39th World Orthopaedic congress
- Attended as a delegate in 10th annual academic sessions of Sri Lanka Orthopaedic associations on 26th & 27th October 2018

Research activities

ORCID: <https://orcid.org/0000-0002-3223-1319>

- ❖ “Factors associated with need for revision reconstruction of Hepaticojejunostomy after iatrogenic biliary injuries”

JASB Jayasundara, BK Dassanayake, MRA Nihaj, WTT de Silva, EMDNK Ekanayake, TK Wijeratne, AA Pathirana, WMM de Silva

(Oral presentation at 45th annual academic sessions-2016 of The College of Surgeons and Joint meeting with The Royal College of Surgeons of Edinburgh)

- ❖ “Incidence of Low Anterior Resection Syndrome in a selected group of patients who underwent laparoscopic anterior resection”

M R A Nihaj, V Koculen

(Oral presentation at 45th annual academic sessions-2016 of The College of Surgeons and Joint meeting with The Royal College of Surgeons of Edinburgh)

- ❖ “Predicting Efficacy of Right colonic preparation based on left colonic preparation- A preliminary report”

M R A Nihaj, K C Ratnatunga

(Poster presentation at 45th annual academic sessions-2016 of The College of Surgeons and Joint meeting with The Royal College of Surgeons of Edinburgh)

- ❖ “synchronus bilateral renal cell carcinoma in Von Hippel-Lindau syndrome; treatment with partial nephrectomy and radio frequency ablation- a case report”

M R A Nihaj, B Balagobi, S Chandrasekara

(Published at Batticaloa Medical Journal, Volume 7, September 2016)

- ❖ “PATIENTS' BELIEFS AND PERCEPTIONS ABOUT ORTHOPAEDIC IMPLANTS AFTER FRACTURE HEALING”

M R A Nihaj, N Ranasinghe, D munidasa

(Poster presentation at 38th SICOT world Orthopaedic congress 2017, Cape Town)

- ❖ “Female victims of domestic violence- A cross sectional survey at the Accident and Emergency Department”

Thileepkumar A, Nihaj M R A, Ranasinghe N, Munidasa D

(presented at college of surgeons of Sri Lanka, regional sessions Jaffna 2018)

- ❖ “Trans-osseous suturing of patella fractures: A prospective cohort study

P R Pitagampalage, K P N G Ranasinghe, M R A Nihaj, S A C Solangaarachi, T G J D Munidasa

(oral presentation at 9th annual academic sessions of the Sri Lanka orthopaedic association, 2017)

- ❖ “Management of incidentally found early stage sacral chordoma- a case report”

MRA Nihaj, KPNG Ranasinghe, V Swarnakumar

(published in the The Srilankan Journal of Orthopaedic surgery 2018;1, 63-67)

- ❖ “Non-traumatic common peroneal nerve palsy in a child- complete functional recovery following surgery”

MRA Nihaj, D perera

(Published in The Srilankan Journal of Orthopaedic surgery 2018;1, 49-52)

- ❖ “Traumatic inferior hip dislocation- treated with open reduction”

MRA Nihaj, KPNG Ranasinghe, Dilshan Munidasa

(publishe in The Srilankan journal of Orthopaedic surgery 2018;1, 75-78)

- ❖ “Outcomes after operative fixation of compound, partial articular distal femur fracture associated with ipsilateral patellar fractures Treated in a resource limited unit”

M R Ahamed Nihaj, Narada Ranasinghe, Velayutham Swarnakumar

(poster presentation in 39th SICOT world orthopaedic congress, 10th-13th October 2018, Montreal, Canada)

- ❖ “Self-reported functional outcome in patients who were surgically treated for bimalleolar fractures”

M R Ahamed Nihaj, Narada Ranasinghe, Mohamed Zafras, Dilshan Munidasa, Velayutham Swarnakumar

(poster presentation in 39th SICOT world orthopaedic congress, 10th-13th October 2018, Montreal, Canada)

- ❖ 'Functional outcome following open reduction and internal fixation of dominant forearms' both bones fractures'

M R Ahamed Nihaj, Narada Ranasinghe, Ahamed Anjhazzallah, Velayutham Swarnakumar

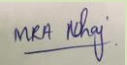
(poster presentation in 39th SICOT world orthopaedic congress, 10th-13th October 2018, Montreal, Canada)

- ❖ “ Outcomes after anterior cruciate ligament reconstruction; A single centre pilot study compared to a systemic review”

MZM Zafras, GWHPK Gunathunga, AJM Irzhadh, MRA Nihaj, Dilshan Munidasa

(Oral presentation in 10th annual academic sessions of Sri Lanka Orthopaedic association, 26th October 2018)

I hereby declare that above particulars are correct & true to the best of my knowledge.

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Signature

Non Related References

01. Prof. Aloka Pathirana – Professor in Surgery, Department of Surgery, University of Sri Jayawardanapura, Colombo Sri Lanka.

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02. Dr. V. Swarnakumar (MBBS, MS, FRCS)

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03. Dr. D. Munidasa (MBBS, MS, FRCS)

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